

Yoga Classes @The Canopy

practice in community including
the tree Canopy & Kaweah river

ALL AGES & LEVELS ARE WELCOME!

MONDAY/ TUES/ THURS @ 7 PM

**Vinyasa Yoga
(Sandra)**

**Restorative
Yoga (Reyna)**

**Vigorous
Ashtanga (Shari)**

TUESDAY/ WED / FRI @ 9:15 AM

**Vinyasa Yoga
(Shari)**

**Vigorous
Ashtanga (Shari)**

**Vinyasa Yoga
(Eva)**

MONTHLY

Moon Circles Sound Baths Specialty Workshops



**\$15 PER CLASS
WALK-INS WELCOME!
PACKAGES AVAILABLE**

**BOOK ONLINE @
TINYURL.COM/3RYOGA**